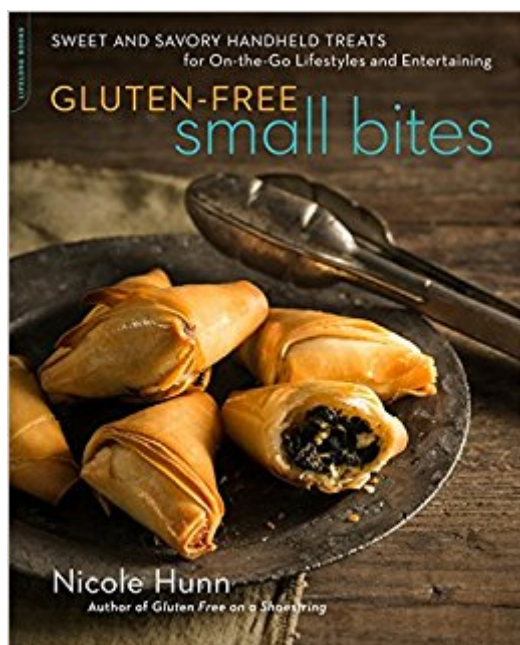


The book was found

Gluten-Free Small Bites: Sweet And Savory Hand-Held Treats For On-the-Go Lifestyles And Entertaining



Synopsis

100 irresistible one-bite recipes-for everything from parties to portable meals You know those days where dinner is grab-and-go, but you're not sure what to grab? The older kids have a soccer game, a ballet lesson, the little one has a kazoo party, and they all need to be fed? Or maybe you've been volunteered to bring the mini quiches to the office potluck. Well you're in luck: with Nicole Hunn at the helm, you can choose from 100 recipes for small bites-from party-pleasers like jalapeño poppers and pigs-in-blankets to easy meals like hand pies and chalupas. Have one of those special occasions when you can sit down for a meal? Nearly every recipe has instructions for how to make a bigger bite. The voice behind glutenfreeonashoestring.com, Nicole's been making gluten-free goodies that are delicious as they are safe for nearly ten years. Indulge in her new recipes for Crab Rangoon, Cheddar Hush Puppies, Fried Pickle Chips, Mozzarella Sticks, Pizza Pinwheels, Miniature Mac and Cheese Cups, Spanakopita Bites, a range of wraps (Cheesesteak, Greek Salad, and Huevos Rancheros, to name a few), Miniature Spinach Quiches, Chicken Empanadas, Vegetarian Chalupas, Pupusas, Shrimp Pot Stickers, Bear Claws, Apple Hand Pies, Miniature Vanilla Bean Scones...and more!

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Customer Reviews

“Nicole Hunn serves up all the recipes and information found in her cookbook in the friendly and inviting manor that has helped make her blog popular.”
—National Foundation for Celiac Awareness
“Hunn is clever and optimistic. As you flip through the pages, it's hard to avoid not feeling better about your gluten-free life. Plus, the recipes will inspire you to go into the kitchen with

renewed energy and hope for the future. It's well worth spending money to purchase Gluten-Free on a Shoestring. It will pay dividends in the future."#151;Gluten-Free Living "I highly recommend [Gluten-Free on a Shoestring Quick & Easy]. The recipes are accessible and especially geared for people with busy lifestyles."#151;Tucson Citizen"Hunn has assembled 125 recipes that say 'make me, make me!,' and all the reader need do is pick where to start...It is a user-friendly cookbook with satisfying recipes that are easy to prepare. Saving money is the icing on the (gluten-free) cake."#151;Technorati.com"...A user-friendly cookbook with satisfying recipes that are easy to prepare. Saving money is the icing on the (gluten-free) cake."#151;Technorati"With plenty of wisdom and easy instructions, Gluten-Free on a Shoestring is a must for any gluten intolerant health conscious cook."#151;Midwest Book ReviewPraise for Nicole Hunn#147;This book is beautifully photographed and designed...For libraries that have a high demand for gluten-free cookbooks, this will be a fun and unexpected addition.â •#151;Library Journal#147;Dozens of mouth-watering full-color photos that will send readers running for the kitchen. This is a winner.â •#151;San Francisco Book Review"Even when she's telling you something you think you already know#151;like grow your own vegetables#151;Hunn adds an extra bit of information that takes the wisdom to another level."#151;Epicurious.com"Hunn has not only bestowed her readers with a complete cookbook#133;but she shows us how to save money, and time, on our meals...It's well worth a bite."#151;San Francisco Book Review#147;No childhood favorites are off-limits with Gluten-Free Classic Snacks by author/blogger Nicole Hunn of Gluten-free on a Shoestring. Expect recipe riffs on Twinkies, Thin Mints, Nutter Butters, Pop Tarts and more in her ode to edible Americana.â •#151;GFF Magazine"[Nicole is] a maven of gluten-free economy."#151;Living Without"[A] practical, timely and very good gluten-free cookbook."#151;About.com"I am totally thrilled to add this practical, timely and very good gluten-free cookbook to my collection."#151;About.com, Gluten-Free Cooking"Hunn's approach is delicious, inexpensive and easy: no mystery at all. I'm betting that, for some wheat sensitive households, Gluten-Free on a Shoestring will be life-changing."#151;January"This book is written for real people, facing real economic issues, that can't afford to dedicate a whole paycheck to groceries. It is a great resource for preparing whole foods at home and not spending all weekends and evenings in the kitchen."#151;Portland Book Review"A great resource for those just jumping in to the gluten-free world as well as well-versed veterans who are looking to slash those unnecessary grocery expenses."#151;Westchester Family"It is the 125 recipes that make the book the most enjoyable, and if you are not part of the gluten-free world, then you may become a convert by book's end...Get on the gluten-free bandwagon, finding ways to love these products, while at the same time creating

recipes that are very friendly to the wallet."—Shelf Life (Canada)"The recipes included are easy to prepare, explained in a friendly manner, and reflect a variety of delicious options."—Treasure Valley Family Magazine"The tone of the book is friendly and supportive, and the recipes are very clear and simple to follow."—ReadJunk.com"Hunn successfully tackles a chief complaint voiced by special-diet newbies: sticker shock. Her practical tips for shopping and cooking to save time and money are a gift to all of us who are paying too much for too little."—Living Without"The money you spend on the book will be saved by following Hunn's great tips."—TheSavvyCeliac.com"Compiles [Hunn's] best recipes and helpful hints on cutting costs, all in best friend blogger-style. Her tips to economizing are good reminders and handy for the working parent."—Marin Independent Journal"I have never come across a book of such consequence to the gluten-free household as Gluten-Free on a Shoestring."—SimplyFrugalLiving.com"Opens up a whole new world for people with this particular diet restriction and does so with a writing style that is both assured and accessible. Those of us who don't have a medical diagnosis requiring diet changes can benefit from the book, as well...In addition to offering an excellent resource for those who must go gluten-free, Hunn's book gives everyone a map toward healthier eating without giving up those delicious foods we love."—Curled Up With a Good Book"From locating best values to meal planning and stocking a gluten-free pantry, this provides a range of foods from 'scratch' that can fit any budget. Highly recommended!"—Midwest Book Review"Truly a treasure trove of delectable recipes."?Portland Book Review

Nicole Hunn is the author of the Gluten-Free on a Shoestring series and blog, which has been featured in the New York Times and MSN Money. Her work has appeared in Better Homes and Gardens, Parents magazine, Parade magazine, and Epicurious.com. She lives in Westchester County, New York. Visit her at glutenfreeonashoestring.com.

I LOVE this book. Having allergies is always hard but Nicole takes a whole lot of the pain away. This book is great for those days when you need a little something to pack in the kids lunch or you are having a party and needs sbacjs that fit into the gluten world and the gluten free world. Thank you so much for taking the time to write this book Nicole.

Reclaim all of your favorite appetizers, snacks, and treats with this easy, affordable, and clear cookbook. Like most celiacs, I usually ignore the appetizers on menus and at parties because they

are usually not safe. That STOPS here. Take back your love of Mozzarella Sticks and Jalapeno Poppers, Spanakopita and Baklava, Wraps and Pierogi. Every recipe includes instructions for recipe preparation and preservation (b/c what's the point of making a ton of something if you can't quickly whip it up on a busy weeknight?). Nicole's instructions are clear, the photos are gorgeous, the substitutions are sensible, costs/ingredients/tools are available and affordable. Adding this cookbook to your library will give you confidence and an amazing wealth of useful support!

Love , love, love! My daughter and I both have Celiac's disease so eating Gluten Free at home for all of us is a must. I love how Nichole's recipes are laid out, it sounds like she is chatting with you in your own kitchen! There is such a variety in this cookbook I've already made a couple recipes.

Tantalizing potstickers, egg rolls, spanakopita bites, mac&cheese cups and pretzel dogs just to name a few. Nicole Hunn takes the worry out to make these gluten free, so I can enjoy some of my favorite snacks again. Easy to understand and follow. Interesting information is included with the recipes to make the baking process come out as pictured. Thank you again Mrs. Hunn!

LOVE this book! Have several family members who must be GF; I also subscribe to Nicole's daily blog, and she really knows her stuff! This is handy for when I'm entertaining, and/or offer to bring something to add to family gatherings. Easy to follow, down-to-earth recipes without odd or hard-to-find ingredients.

Nicole's books just keep getting better! The recipes are great, so easy to follow and delicious! I really like the flexibility of small bites and family size options and the make ahead suggestions. I am super busy with school and work and this will save me and keep the family happy. I must say that so far the recipes I have tried, for example the mac and cheese cups and the cheddar hush puppies, have pleased even the gluten eaters in my family. Yum!

I am so happy to finally have a gluten free cookbook that doesn't focus on sweets and junk foods. This books has many of the recipes for my favorite comfort foods. The recipes are pretty simple and are explained well. I also love the fact that many of them can be made ahead, This is so important for people with my dietary restrictions. I don't always have time to cook every meal and grabbing a homemade meal is very appealing.

Nicole Hunn has once again provided the gluten free community with a winner! With clear instructions and entertaining prose, she dishes up all of our old favorites and a few new recipes to try. Particularly useful in the book are the recipes for basic doughs in the last section. As home bakers master each technique for biscuit dough, tortillas and won ton wrappers, a whole new world of taste is at their fingertips!

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